

CURRICULUM VITAE

I. **NAME:** Charles Borromeo Uchenna **UWAKWE**



DATE OF BIRTH: September 22, 1957.

NATIONALITY: Nigerian

CORRESPONDENCE: Mail: Department of Guidance and Counselling,
Faculty of Education, University of Ibadan,
Ibadan.

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II. **PRESENT POSITION:** Professor of Counselling/Health Psychology

III. **UNIVERSITY EDUCATION (with dates)**

	Institution	Date
(i)	University of Ibadan	1975-1979
(ii)	University of Ibadan	1981-1984

IV. **ACADEMIC QUALIFICATIONS (with dates and granting bodies):**

- (i) B.Ed. (Hons.): 1979; University of Ibadan.
- (ii) M.Ed. (Guidance and Counselling): 1981; University of Ibadan.
- (iii) Ph.D. (Guidance and Counselling): 1984; University of Ibadan.

V. **PROFESSIONAL QUALIFICATIONS:**

- (i) B.Ed. (Hons.): 1979; University of Ibadan.

VI. **SCHOLARSHIPS, FELLOWSHIPS AND PRIZES (In respect of Undergraduate and Postgraduate work only):**

- (i) University of Ibadan Postgraduate Scholarship (M.Ed. and Ph.D. Studies); 1980-1984.

VII. HONOURS, DISTINCTIONS AND MEMBERSHIP OF LEARNED SOCIETIES:

- i) Head, Department of Guidance and Counselling, University of Ibadan, 2003-2007.
- ii) Member, Senate of the University of Ibadan, 1994-1996; 2001 to date.
- iii) Awardee, African Development Foundation, Washington DC, USA, Action Research Grant/Fellowship, 1991/92.
- iv) Recipient, CAPS-Fogarty Visiting Scholars Fellowship, Center for AIDS Prevention Studies (CAPS), University of California, San Francisco, USA. 1993.
- v) Member, Social Science and Medicine Africa Network (SOMANET)
- vi) Member, International Society for AIDS Education (ISAE)
- vii) Member, AIDS and Reproductive Health Network (ARHN)
- viii) Member, African Association for the Promotion of Adolescent Health (AAPAH)
- ix) Member, American Association for Counselling and Development (AACD)
- x) Member, International Round Table for the Advancement of Counselling (IRTAC)
- xi) Member, Society for Women and AIDS in Africa (SWAA)

VIII. DETAILS OF TEACHING EXPERIENCE AT UNIVERSITY LEVEL:

1. April 1986 - October 1989: Lecturer II, Department of Guidance and Counselling, University of Ibadan.
2. October 1989 - October 1993: Lecturer I, Department of Guidance and Counselling, University of Ibadan.
3. October 1993 to 2001 Senior Lecturer in Educational/Counselling Psychology, Department of Guidance and Counselling, University of Ibadan.
4. February 1999 – August 2001: Lecturer in Educational/Counselling Psychology, Department of Educational Foundations, University of Botswana, Gaborone, Botswana.
5. October 2001 to date: Professor in Counselling/Health Psychology, Department of Guidance and Counselling, Faculty of Education, University of Ibadan, Ibadan.

Postgraduate Supervision

The following is the list of M.Ed. and Ph.D. degree students that I have successfully supervised in my university over a period of twenty-two years:

A. Number of M.Ed. Project Supervised as at May 1, 2009: 106 (One Hundred and six) candidates.

B. Number of M.P.P. (Master of Personnel Psychology) Projects Supervised as at May 1, 2009: Eighty four (84) candidates.

C. Ph.D. Theses Supervised as at May 1, 2009:

- (i) ***Onibokun, Adenike Comfort (1998)*** A cognitive behavioural therapy in the psychological management of pain among breast cancer patients at the University College Hospital Ibadan. (Effective Date of the Award: June 22, 1998).
- (ii) ***Akponye, Jane Anulika (1999)*** Assertiveness training and cognitive restructuring techniques in increasing the self-esteem of female adolescents from divorced homes. (Effective Date of the Award: May 24, 1999).
- (iii) ***Busari, Afusat Olanike (2000)*** Stress Inoculation training and self-statements monitoring techniques in the reduction of test anxiety among adolescent underachievers in Ibadan metropolis. (Effective Date of the Award: July 25, 2000).
- (iv) ***Amah, John Kalu (2000)*** Logotherapy and gestalt relational techniques in the improvement of adolescent-parent relationships in Lagos state Nigeria. (Effective Date of the Award: May 23, 2000).
- (v) ***Sadiku, Salihu Ojo (2000)*** Cognitive restructuring and token reinforcement techniques in enhancing academic self-concept of secondary school students in Lagos State, Nigeria. (Effective Date of the Award: June 20, 2000).
- (vi) ***Oparah, Onyebuchi Boniface (2008)*** Application of moral value clarification and alternate thinking strategies in enhancing sexual abstinence among early adolescents in Ibadan, Nigeria. (Effective Date of the Award: May 24, 2008).
- (vii) ***Okon, Abigail (2009)*** Psycho-social correlates of school effectiveness in Cross River and Akwa-Ibom States, Nigeria (Effective Date of the Award: April 07, 2009).
- (viii) ***Nwagwu, Ada Chinwe (2010)*** Effectiveness of counter-attitudinal advocacy and aversive counter conditioning strategies on male adolescents HIV risk taking behaviour in Lagos State. (Effective Date of the Award: November 28, 2010).
- (ix) ***Akanbi, Samuel Toyin (2011)*** Effectiveness of dialectal behaviour and exposure therapeutic techniques in the treatment of test anxiety among students with learning disability in Oyo State. (Effective Date of the Award: December 20, 2011).

- (x) **Ukachi, Fabian Cinasa (2012)** A Path analytical investigation of some psycho-social correlates of substance abuse among in-school adolescents in South-Western, Nigeria (Effective Date of the Award: December 07, 2012).
- (xi) **Kehinde, Omolara Omowunmi (2012)** Assertiveness training and self-management techniques in enhancing social competence among in-school adolescents in Ibadan, Nigeria. (Effective Date of the Award: December 14, 2012).
- (xii) **Eriega, Enakeno Godwin (2012)** Effectiveness of teamwork and total quality management (TQM) training on managerial effectiveness among middle-level bank managers in Port-Harcourt. (Effective Date of the Award: December 28, 2012).
- (xiii) **Filani, Joseph Bankole (2014)** Effectiveness of Motivational Intervention and Self Efficacy Techniques in fostering HIV risk protective behaviours among male inmates of Borstal Remand Centers in Nigeria. (Effective Date of the Award: June 24 2014).

D. EXTERNAL EXAMINER:

- (i) Olabisi Onabanjo University, Ago Iwoye, Ogun State, Nigeria. (1996-1999) (2004 to date)
- (ii) University of Sierra Leone, Freetown, Sierra Leone. (2002-to date)
- (iii) Njalla University, Njalla, Sierra Leone (2002-to date)
- (iv) Obafemi Awolowo University, Ile Ife, (2003- to date)
- (v) University of Benin, Benin City, (2004- to date)
- (vi) University of Ilorin, Ilorin, (2007- to date)
- (vii) Tai Solarin University of Education, Ijebu-Ode (2009- to date)
- (viii) Lagos State University, Ojo, Nigeria (2007- to date)
- (ix) University of Brunei, Darusalaam, Brunei (2013 to date)
- (x) Cape Peninsula University of Technology, South Africa

IX. RESEARCH

(i) Completed

Mentioned below are completed researches conceptualised, designed and carried out by my humble self in conjunction with academic colleagues worldwide and with some of my supervised postgraduate students:

1. Assessment of the Guidance and Counselling Curriculum of Nigerian Colleges of Education. 1985
Co-Researcher: Dr. Ngozi T. A. Izundu
Department of Education,
University of Nigeria, Nsukka.
2. Diagnostic assessment of the study habit problems of Nigerian University students. 1987.

3. National Survey of AIDS Knowledge, Attitudes, Beliefs and Practices (KAPB) of young people in Nigerian Universities. A University of Ibadan Senate Research Grant No. SRG/FED/89-90/44A. 1990.

4. Pretesting of WHO/GPA/SBR HIV/AIDS Knowledge, Attitudes, Beliefs and Practices (KABP) Instruments on Nigerian School Students (A WHO/Global Programme on AIDS-Commissioned and Sponsored project). - 1990

Co-Researchers: (1) Professor G.O.M. Onwu
Department of Teacher Education,
University of Ibadan.

(2) Dr. Abdul Mansaray
Department of Teacher Education,
University of Ibadan.

5. Development of study skills intervention programmes for supporting chronically underachieving students. 1992

6. The Nigerian Dockworkers HIV/AIDS Prevention Project. A Behaviour Change Intervention Implemented with Support from AIDSCAP/USAID, Lagos, Nigeria. 1993.

Co-Researchers: (1) Dr. Grade Imoh
Ministry of Health,
Lagos.

(2) Professor T. O. Egunjobi
Centre for Urban and Regional Planning,
University of Ibadan.

7. A Psycho-educational Program for the Promotion of HIV/AIDS Preventive Behaviours and Practices among Pharmacy/Patent Medicine Shop Operators in two Nigerian Cities: Owerri and Umuahia. A Collaborative Research with The Center for AIDS Prevention Studies, University of California, San Francisco, U.S.A. 1993.

Co-Researcher: Dr. Peter Lurie,
Center for AIDS Prevention Studies (CAPS)
University of California, San Francisco, USA.

8. A Psycho-Educational Programme to Motivate and Foster AIDS Preventive Behaviours Among Nigerian Female University students (Sponsored by the International Center for Research on Women (ICRW), Washington, DC, U.S.A. Grant No. IC-74/15) - 1993

Co-Researchers: (1) Dr. A. Mansaray and Dr. G.O.M. Onwu
Department of Teacher Education,
University of Ibadan,
Ibadan.

9. The Nigerian-American Cross-Cultural Adolescent HIV/AIDS Risk Survey Project. A Collaborative Research project with the Community Health Program, Jackson State University, Mississippi, USA. - 1994.
Co-Researcher: Professor Janet Saint Lawrence
Jackson State University,
Mississippi, USA.
10. Education for AIDS Prevention in a Nigerian old city. A Behavioural Research-based Intervention Project sponsored by the American Foundation For AIDS Research (AmFAR), New York, USA. IDNO # 220004-10-IP - 1994.
Co-Researchers: (1) Professor J.D. Adeniyi
Department of Preventive & Social Medicine,
College of Medicine
University of Ibadan.
(2) Dr. W. Shokunbi.
Department of Hematology,
College of Medicine
University of Ibadan.
(3) Dr. F. Adekunle
University College Hospital,
University of Ibadan.
11. Concepts and indicators of effective teaching skills among Nigerian National Certificate of Education (NCE) and university graduate trainee teachers. 1994.
Co-Researcher: Mrs. Vero Ogbuagu,
Department of Guidance and Counselling,
University of Ibadan. Ibadan.
12. Experimental improvement of recognition failure and the recall of learned materials among a group of Nigerian nursery school subjects. 1995.
Co-Researcher: Dr. J. O. Osiki,
Department of Guidance and Counselling,
University of Ibadan. Ibadan.
13. A Community-based HIV/AIDS Education and Prevention Programme for a Rural African Transit Town: Focus on Obollo-Afor (Enugu State), Nigeria. (An Action Research Grant No 423 - NIA;. Sponsored by The African Development Foundation (ADF) Washington DC, USA.) 1995.
14. The Development, Implementation, and Evaluation of an AIDS Education Program for Student Nurses at the University of Ibadan. A Grant Provided by The African AIDS Research Network [AARN], Dakar, Senegal. Grant No. 94-008-IBADAN. -1995
15. Psychological Correlates of Breastfeeding Behaviours and Practices among mothers in rural and urban Nigeria. 1995.

16. The Development of the Nigerian Adolescent and Youth Risk Behaviour Inventory - 1995.

17. An Evaluative Survey of the Impact of The STD/AIDS Control Intervention Programs In Nigeria. A Project Jointly Sponsored by The Federal Ministry of Health and Human Services, Lagos, and The World Health Organization, Geneva, Switzerland. - 1995.

Co-Researchers:

- (1) Professor J.D. Adeniyi
Department of Preventive & Social Medicine,
College of Medicine
University of Ibadan.
- (2) Dr. Grade Imoh
Ministry of Health,
Lagos.
- (3) Professor T. O. Egunjobi
Center for Urban and Regional Planning,
University of Ibadan.

18. The development of culturally appropriate persuasive communication strategies in HIV/AIDS prevention: Focus on Nigerian university students. - 1997.

19. Perceived Vulnerability And Military Invincibility: HIV/AIDS Induced Heterosexual Life Style Changes Among Nigerian Law Enforcement Personnel- 1997.

20. HIV/AIDS training needs assessment of Nigerian medical students. - 1997.

21. The Development, Implementation, and Evaluation of an AIDS Education Program for Nigerian Pharmacy Operators using "Mystery Patient Encounters" 1999.

22. Strengthening the Botswana Young Women Christian Association (YWCA) Capacity To Effectively Implement Its Teen Girl-targeted Activities In Rural Areas: A Food and Agricultural Organisation (FAO) Initiative. 2000.

Co-Researcher: Dr. M. R. Montsi,
Department of Educational Foundations,
University of Botswana,
Gaborone, Botswana.

23. Cross-cultural differences in suicidal ideations among children in Nigeria and Botswana. 2000.
Co-Researcher: Dr. Remi Akinade,
Department of Social Work,
University of Botswana,
Gaborone, Botswana.
24. An Evaluation of the Guidance and Counselling Programme in the Botswana Education System. An Evaluative Project Commissioned and Funded by the Ministry Of Education, Botswana. 2001.
Co-Researcher: Dr. M. R. Montsi,
Department of Educational Foundations,
University of Botswana,
Gaborone, Botswana.
25. The Efficacy of Assertiveness Training and Problem Solving Skills in Modifying HIV/AIDS Risk Behaviours in a Cohort of in-school Nigerian Adolescents. 2002.
Co-Researcher: Mrs Ndidi M. Ofole,
Department of Guidance and Counselling,
University of Ibadan. Ibadan.
26. Occupationally-induced Stress and Coping Styles among Teachers in Public and Private Schools in South-west Nigeria. 2002.
Co-Researcher: Rev. Sr. Antonia I. Anakwue,
Department of Guidance and Counselling,
University of Ibadan. Ibadan.
27. Voluntary Counselling and Testing (VCT) Programmes in HIV Prevention: An Assessment of some Centres in South-west Nigeria. 2003.
Co-Researcher: Mrs Tope Akarah,
Department of Guidance and Counselling,
University of Ibadan. Ibadan.
28. Perceived HIV Risk and Reproductive Health Decision-Making Among In-school Adolescents: A Qualitative Inquiry in Urban Nigeria. 2007.
Co-Researcher: Onyebuchi Okpara
Department of Guidance and Counselling,
University of Ibadan. Ibadan.

(ii) In Progress

Mentioned below are research works conceptualized, designed and presently being carried out by my humble self in conjunction with academic colleagues worldwide and with some of my postgraduate students:

1. Development of Programmes to Foster Family-School Partnerships for Academic Success in the Nigerian Secondary School System. (Commenced in January 2009)
2. Development of Measures of Personal and Social Adjustment Impacting on Learning In The Classroom: The Nigerian “Classroom Climate” Project (Commenced in December 2008).
3. Behavioural Strategies for Fostering Achievement Motivation among Learners in the Classroom. (Commenced in January 2010)
4. The Development of Workplace HIV/AIDS Prevention Programmes for Nigerian Organisations. (Commenced in March 2010)
5. Perceived Breast Cancer Risk Assessment of Female Nigerian University students: Implications for health-seeking Behaviour Interventions (Commenced in May 2011)
7. Self-Breast Examination Sensitisation, Associated Anxiety, and Compliance among Reproductive Women in Southern Nigeria (Commenced in June 2011)
Co-Researcher:
Dr. Nike Onibokun,
Department of Nursing,
University of Ibadan,
Ibadan.
9. Psychological Dynamics of Menopausal Syndrome on Heterosexual Behaviours of African Women: Developing Psycho-educational Intervention for HIV Risk Reduction among Postmenopausal African Women. (Commenced in June 2011)
Co-Researchers:
Dr. Nike Onibokun,
Department of Nursing,
University of Ibadan,
Ibadan.
Mrs Ndidi M. Ofole,
Department of Guidance and Counselling,
University of Ibadan,
Ibadan.
Dr. Ajibola Falaye,
Department of Guidance and Counselling,
University of Ibadan, Ibadan.

(iii) DISSERTATION AND THESIS

1. **Uwakwe, C.B.U.** (1981). A Structural Analysis of the Study Habit Problems of Nigerian Secondary School Students. (M.Ed. Dissertation, University of Ibadan).
2. **Uwakwe, C.B.U** (1984). The Relative Effectiveness of Note taking, Summarizing and Repetition on Students' Factual Recall. (Ph.D. Thesis, University of Ibadan).

Selected Papers and Publications

(A) Books and Chapters in Books Already Published

1. **UWAKWE, C.B.U** [1994] A Model Community-Based AIDS Education and Prevention Programme. In **LALLA BADJI TOURE** (Ed.) (1994) Mobilizing the Grassroots for Community Health: An African Development Foundation Research Reader; Washington DC: The African Development Foundation, Pages 61-81.
2. **AVOSEH, M.B.M. & UWAKWE, C.B.U.** [1994] Adult literacy programmes in rural development in Nigeria: Achievements, constraints and prospects. In **E.C. EBOH, C. OKOYE & D. AYICHI** (1994). Rural Development in Nigeria: Concepts, Processes and Prospects: Enugu. Auto-Century Publishing Company. Pages 164-170.
3. **UWAKWE, C.B.U.** [1995] Socio-cultural factors that predispose women to HIV/AIDS in the Middle Belt of Nigeria. In **UMEH, D.C.** [1995] Cross-cultural Perspectives on HIV/AIDS Education. Lawrenceville, New Jersey. Africa World Press Inc. Pages 39-46.
4. **UWAKWE, C. B. U.** [2002] Time management competencies in achieving organisational goals. In **AKINBOYE, J. O.** (Ed) [2002] Psychological Principles for Success in Life and the Workplace. Ibadan, Nigeria: Stirling-Horden Publishers Limited. Pages 158-173.

(B). Articles Already Published in Learned Journals

5. **UWAKWE, C.B.U. & AWORH, T.** [1988] The efficacy of therapeutic counselling programs on students' factual recall. Journal of Research in Counselling Psychology, Volume 1, No. 1: 94-102.
6. **UWAKWE, C.B.U & AWORH, TOLA** [1988] An investigation of the magnitude of the study habit problems of Nigerian University students: Implications for contemporary university curriculum planning. African Journal of Educational Management, Volume 2, No. 1:1-12.

7. UWAKWE, C.B.U. [1989] Reading Deficiency: A Contemporary Psycho-educational problem in Nigeria. Journal of Special Education, Volume 5., No. 2: 126-131.
8. UWAKWE, C.B.U. [1991] Adolescent reproductive health counselling: A psycho-educational approach to the prevention of child abuse and neglect in Nigeria. Nigerian Journal of Applied Psychology, Volume 3, No. 1: 1-7.
9. UWAKWE, C.B.U. [1991] Recording competencies for professional counselling practice. Journal of the Institute of Education; The University of Cape Coast, Ghana. Volume 2, No. 1: 87-91.
10. UWAKWE, C.B.U., ONWU, G. & MANSARAY, A. [1992] Developing an AIDS education and prevention program at the Ibadan University, Nigeria. UNESCO AFRICA, Journal of the Dakar Regional Office, No. 5: 35 - 38.
11. UWAKWE, C.B.U. [1993] Study skills intervention programmes for supporting chronically underachieving students. Nigerian Journal of Counselling and Consulting Psychology, Volume 2, No. 2: 1-5.
12. UWAKWE, C.B.U, & OGBUAGU, V.E. [1994] A comparative analysis of the concepts and indicators of effective teaching skills among Nigerian NCE and graduate trainee teachers. Studies in Education: A Journal of Educational Discussion and Research, Volume 1, No. 1: 57-62.
13. UWAKWE, C.B.U. [1994] Social interest, stress and the prediction of health status of bankers and lecturers. Nigerian Journal of Counselling and Consulting Psychology, Volume 3, No. 1: 1-12.
14. UWAKWE, C.B.U & AWORH, TOLA [1995] The role of youths in formulating and executing AIDS prevention strategies. Journal of Functional Education, Volume 1 No. 1: 37-50.
15. UWAKWE, C.B.U & OSIKI, J.O. [1995] Experimental improvement of recognition failure and the recall of learned materials among a group of Nigerian nursery school subjects. Journal of Educational Theory and Practice, Volume 1, No. 2:106-113._
16. ST. LAWRENCE, J.S., MARX, B.P., SCOTT, C.P. UWAKWE, C.B.U ROBERTS, A., BRASFIELD, T.L. [1995] Cross-cultural comparison of U.S. and Nigerian adolescents HIV-related knowledge, attitudes and risk behaviours: Implications for risk reduction interventions. AIDSCare, Volume 7, No. 4: 449-461.

17. UWAKWE, C.B.U. [1996] The psychosocial determinants of breast-feeding behaviours and practices among nursing mothers in urban Nigeria. Nigerian Journal of Clinical and Counselling Psychology, Volume 2, Issue 1: 68-80.
18. UWAKWE, C.B.U. & OSIKI, J.O. [1996] Locus of control as a correlate of depression among Nigerian university undergraduates. Nigerian Journal of Clinical and Counselling Psychology, Volume 2, Issue 1: 81-89.
19. UWAKWE, C.B.U. [1997] Reproductive motivation and family size preferences: A comparison of husbands and wives in Ibadan metropolis Nigeria. Journal of Information Communication for Education in Africa, Volume 1, No. 1: 55-61.
20. UWAKWE, C.B.U. [1997] Enhancing the academic potentials of children: The role of educators. Journal of Special Education, Volume 7, No. 1: 91-106.
21. AWORH, T. & UWAKWE, C.B.U. [1998] Problem-solving proficiency of a group of Nigerian parents. Journal of Research in Counselling Psychology. Volume 4, No. 1: 65-71.
22. UWAKWE, C.B.U. [1998] Prevalence estimates and adolescent risk behaviours in Nigeria: Health intervention implications. Nigerian Journal of Applied Psychology, Volume 4, No. 1: 135-143.
23. UWAKWE, C.B.U., ADEYEMI, A. O., FALAYE, A. O., MORONKOLA, A. ONIBOKUN, A. & OGUNDIRAN, A. [1998] Commonly reported gynaecological morbidities and health-seeking behaviours among reproductive age women in urban Nigeria. Journal of Health and Welfare of Special Populations, Volume 2, No. 1: 1-13.
24. UWAKWE, C.B.U. (1998) Symptomatic and asymptomatic occupationally induced stress among naval personnel in the Nigerian armed forces. Nigerian Journal of Clinical and Counselling Psychology, Volume 4, Issue 1: 95-110.
25. OSIKI, J. O., UWAKWE, C.B.U., IZEV BAYE, M. I. & OSIKI, F. M. E. [1998] Managerial perception of the relationship between communication strategies and employee morale in a Nigerian university. African Journal of Educational Management, Volume 6, No. 2: 191-196.
26. UWAKWE, C.B.U. [1999] An assessment of Nigerian pharmacy operators HIV/AIDS prevention and training needs, utilizing "mystery patient" encounters. Nigerian Journal of Clinical and Counselling Psychology, Volume 4, Issue 2: 188-199.

27. UWAKWE, C.B.U., SHOKUNBI, W. & KOFIE, S. [1999] Sick cell anaemia and psychological adjustment of patients in a Nigerian teaching hospital. The Nigerian Journal of Clinical Practice, Volume 2, No. 1: 22- 24.
28. UWAKWE, C.B.U. & NWAGWU, H. O. [1999] Behaviour problems reported by mothers of pre-school children in Ibadan metropolis: Prevalence, perceptions and management strategies. Exceptional Child, Volume 3, No. 1: 18-24.
29. UWAKWE, C.B.U. [1999] Systematized HIV/AIDS education for student nurses at the University of Ibadan, Nigeria: Impact on knowledge, attitudes and compliance with universal precautions. British Journal of Advanced Nursing, Volume 32, No. 2: 416-424.
30. AWORH, T., UWAKWE, C.B.U. & NWAGWU, H.O. [1999] An analysis of the psychosocial precursors of smoking behaviour among some adult Nigerian professionals. Nigerian School Health Journal, Volume 10, No. 2: 89 -104.
31. UWAKWE, C.B.U. [1999] AIDS-related knowledge, opinion and behaviour change among first year Nigerian university students. Nigerian Journal of Applied Psychology, Volume 5, No. 1: 8 -23.
32. UWAKWE, C.B.U. [1999] An evaluative assessment of an intervention “Psycho educational programme to motivate and foster HIV/AIDS preventive behaviours among female Nigerian university students. Nigerian Journal of Clinical and Counselling Psychology, Volume 6, Issue 1: 39 - 57.
33. UWAKWE, C.B.U. & AJUFO, I. & NWAGWU, H. [2000] Information provided by mothers to their adolescent daughters concerning reproductive health in urban and rural Nigeria. Journal of Information Communication for Education in Africa, Volume 1, No. 4: 214-221.
34. UWAKWE, C.B.U. [2000] Perceived vulnerability and military invincibility: HIV/AIDS induced heterosexual lifestyle changes among Nigerian Law enforcement personnel. Nigerian Journal of Clinical and Counselling Psychology, Volume 6, No. 2: 149 - 161.
35. UWAKWE, C.B.U. [2001] Integrating HIV/AIDS education and prevention for reproductive age women in a community-oriented family planning program in South-Eastern Nigeria. Journal of The International Council for Health, Physical Education, Recreation and Dance, Volume XXXVII, No. 1: 52-55.
36. UWAKWE, C. B. U. [2001] Multi-component behavioural communication programs in fostering HIV/AIDS preventive behaviours among in-school adolescents. Journal of Information Communication for Education in Africa, Volume 4 No. 1: 236-247

37. UWAKWE, C.B.U. MORONKOLA, O. A. & OGUNDIRAN, A. O. [2001] Awareness and prevalence of sexually transmitted diseases and health care seeking behaviour of adolescents attending STDs clinics in urban Nigeria. Nigerian School Health Journal, Volume 13, No. 2: 147-152.
38. UWAKWE, C.B.U., FALOLA, O.A., ADEYEMO, D. O. & OSIKI, J. O. [2001] Assertiveness training and cognitive restructuring programmes on the self-concept and attributional behaviours of female Nigerian adolescents forced out of school by unplanned pregnancy. African Journal of Educational Planning and Policy Studies, Volume 2, No. 1:165-181
39. UWAKWE, C.B.U. (2001) Reproductive health knowledge, attitudes and procurement of abortion among female Nigerian university students'. Nigerian Journal of Health and Welfare of Special Populations, Volume 5, No. 2, 29-43
40. UWAKWE, C.B.U. [2001] Functional reproductive health education in the Nigerian school system: The development of counselling for health promotion model. African Journal of Educational Research, Volume 6, No. 1, 152-167.
41. UWAKWE, C.B.U. [2001] Assessing the social support needs of hospitalised patients in a Nigerian teaching hospital. Journal of Health and Welfare of Special Populations, Volume 5, No. 1, 37-47.
42. BUSARI, A. O. & UWAKWE, C.B.U. [2001] The effect of stress inoculation training technique in the management of worry as a self-handicapping strategy in intellectual performance. Nigerian Journal of Emotional Psychology and Sports Ethics, Volume 3, 6-12.
43. UWAKWE, C.B.U. [2006] Parent-child communication as intervention for the primary prevention of STIs/HIV in adolescence. Journal of Information Communication for Education in Africa, Volume 5 No. 1, 12-19.
44. UWAKWE, C.B.U. [2006] Spousal communication about reproductive health matters in rural and urban Nigeria. Journal of Information Communication for Education in Africa, Volume 5 No. 2, 24-31.
45. IDIGBE, E.O.; O. ODUTOLU, P. OKONKWO, M.O. FOLAYAN, C.B.U. UWAKWE, R.A. AUDU, O.M. JOLAYEMI, M. OSAGBEMI (2006) Evaluation of the Nigerian national antiretroviral (ARV) treatment training programme Journal of Social Aspects of HIV/AIDS Volume 3 NO. 3; 488-502.
46. UWAKWE, C. B. U.; FALAYE, A. O. EMUNEMU, B. O. & ADELORÉ, O. (2008) Impact of Decentralization and Privatization on the Quality of Education in Sub-Saharan Africa: The Nigerian Experience. European Journal of Social Sciences (EJSS) Volume 7, No 1.

47. UWAKWE, C.B.U. and ADEBOWALE, T. A. [2008] Psychological strategies for evolving cigarette-free youth. International Journal of Applied Psychology and Human Performance. Vol.4, 553-573.
48. UWAKWE, C.B.U. [2008] **Counselling services for ethical value orientation and UBE programme.** Journal of Research and Development in Education **Volume 4, 15-30.**
49. OJUKWU, M. O., TORUBELI, V. A. AROMIWURA, M. A. and UWAKWE, C.B.U. [2008] Parental involvement in pupils' academic endeavour: An assessment of some private primary schools in Ibadan metropolis. International Journal of Distance Education Volume 3, No 8, 60-69.
50. TORUBELI, V. A., OJUKWU, M. O., AGBAJE, A. R. and UWAKWE, C.B.U. [2009] An assessment of the dynamics of home-school communication and collaboration in private and public schools in Ibadan metropolis. International Journal of Distance Education Volume 4, No 1, 15-25.
51. TORUBELI, V. A., OJUKWU, M. O. UWAKWE, C.B.U., HAMMED, A. & AGBEDE, O. [2010] Child-friendly environmental status of public and private secondary schools in Port-Harcourt metropolis: A comparative evaluative study African Journal of Research in Personnel and Counselling Psychology. Volume 2, No. 1. 37-47.
52. AKINWOWO, A. O. NWOHA, P. OJUKWU, M., UWAKWE, C. B. U. & ADEKEYE, O. A. [2011] Time management peer influence and study habits as correlates of academic achievement among adolescents in private secondary schools in Ibadan archdiocese. Journal of Applied Education and Vocational Research Volume 8, No 2, 166-182.
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54. KEHINDE, O. O. & UWAKWE, C.B.U. [2013] Effects of emotional intelligence and gender on assertiveness training and self-management psychotherapies in enhancing social competence of in-school adolescents in Ibadan, Nigeria. International Journal of Emotional Psychology and Sports Ethics, Volume 15, A-64-A78.
55. KEHINDE, O. O. & UWAKWE, C.B.U. [2013] Comparison of assertiveness training and self-management psychotherapies in enhancing social competence of in-school adolescents in Ibadan, Nigeria. African Journal of Cross-Cultural Psychology and Sports Facilitation, Volume 15, 950-962.

56. ADEYEMI, A. O. & UWAKWE, C.B.U. [2014] Effectiveness of cognitive restructuring and social decision-making techniques on truancy behaviour reduction among secondary school students in Ibadan, Nigeria. African Journal of the Psychological Studies of Social Issues, Volume 17, No 2: 67-77.

(D) Articles that have appeared in Refereed Conference Proceedings

57. OFOLE, N. M. UWAKWE, C. B. U. (2002) Effectiveness of problem-solving and Assertiveness skills in enhancing HIV risk perception in a cohort of in-school adolescents in Oyo State Nigeria. XII International Conference on AIDS in Africa, Nairobi, Kenya. December 12-19, 2002.
58. MGBEKEM, M. A. & UWAKWE, C. B. U. (2008) Persuasive communication skills in the uptake of HIV Counselling and Testing (HCT) among female Nigerian University students: Focus on the Universities of Calabar and Ibadan. International Association for Media and Communication Research (IAMCR) World Conference, University of Stockholm, Sweden, July 20-25, 2008.
59. UWAKWE, C. B. U., Amusa-Ikpa, S., Akanbi, S. T., Ojukwu, M., Ofole, N. M., Ejiolor, N. (2013) Socio-demographic factors as predictors of parents' perspectives on incorporating HIV/AIDS education in Lagos State secondary schools, Nigeria. National Counselling Association of Nigeria (CASSON) Conference, University of Uyo, Akwa-Ibom State; August 19-23, 2013.

(E) Technical Reports and Monographs

60. UWAKWE, C.B.U. & IZUNDU, N. T. A. [1986] Nigerian Empirical Research Efforts on Socio-personal Aspects of Guidance and Counselling. In OBANYA, P.A.I. (Ed) [1986] Aspects of Nigerian Educational Literature. Monograph of the Nigerian Educational Research Association. Chapter 6: 113- 142.
61. IZUNDU, N.T.A. & UWAKWE, C.B.U. [1986] Assessing the Guidance and Counselling Curriculum of Nigerian Colleges of Education: Implications for the 6-3-3-4 Educational Policies. Monograph of the Curriculum Organization of Nigeria; Number 4, Chapter 8: 90-100.
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63. ONWU, G., MANSARAY, A., & UWAKWE, C.B.U. [1990] WHO/GPA Nigerian Schools Knowledge, Attitudes, Beliefs and Practices (KAPB) Questionnaire Pre-testing Project. A **Technical Report** of a Research Project Commissioned and Sponsored by WHO/Global Programme on AIDS; Geneva, Switzerland.

64. UWAKWE, C.B.U. [1991] Measurement and Evaluation in Educational Practices. Ibadan External Studies Series, Ibadan: Center for External Studies, University of Ibadan, Nigeria.
65. UWAKWE, C.B.U. [1991]. Behaviour Modification II. Ibadan External Studies Series, Ibadan: Center for External Studies, University of Ibadan, Nigeria.
66. UWAKWE, C.B.U. [1992] Psychological Tests in Counselling Ibadan External Studies Series, Ibadan: Center for External Studies, University of Ibadan, Nigeria.
67. UWAKWE, C.B.U., MANSARAY, A. & ONWU, G.[1993] A Psycho-educational Program to Motivate and Foster AIDS Preventive Behaviours among Female Nigerian University Students. A **Technical Report** for a HIV/AIDS Intervention Project Sponsored by the Women and AIDS Programme, International Center for Research on Women (ICRW), Washington DC, USA.
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69. ADENIYI, J.D., ADENIYI, E. O. UWAKWE, C.B.U., SHOKUNBI, W. & ADEKUNLE, F., IPADEOLA, T. [1994] Education for AIDS Prevention in a Nigerian Old City. A **Technical Report** for an Intervention Project, Sponsored by the American Foundation For AIDS Research (AmFAR), New York, U.S.A.
70. ADENIYI, E. O., UWAKWE, C.B.U., IMOH, G. & EGUNJOBI, T. O. [1995] An Evaluative Survey of the Impact of The STD/AIDS Control Intervention Programs In Nigeria. A **Technical Report** for a Project Jointly Sponsored by The Federal Ministry of Health and Human Services, Lagos, and The World Health Organization, Geneva, Switzerland.
71. UWAKWE, C. B. U. (1998) The Development, Implementation and Evaluation of an AIDS Education Programme for Student Nurses at The University of Ibadan, Nigeria. A **Technical Report** for the Small Grant Programme No. 93-008-Ibadan of the African AIDS Research Network for West and Central Africa (AARN) Dakar, Senegal.
72. ONIBOKUN, A. G., EGUNJOBI, O., UWAKWE, C. B. U. & ONIBOKUN, A. (1999) Quality Assurance Project of Bamako Initiative Centers (BICs) for Safe Motherhood Services in Nigeria. A **Technical Report** Submitted to the United Nations Children's Fund (UNICEF) under the Auspices of The Center For African Settlement Studies and Development (CASSAD), Ibadan, Nigeria.

73. MONTSI, M. R. & UWAKWE, C. B. U. [1999] An Evaluation of the Guidance and counselling programme in the Botswana Education System. A **Technical Report** of a Research Project Commissioned and Funded by the Ministry Of Education, Gaborone, Botswana.
74. UWAKWE, C.B.U. [2000] Techniques of Academic Achievement Analysis Ibadan External Studies Series, Ibadan: Center for External Studies, University of Ibadan, Nigeria.
75. ONIBOKUN, A. G., JEJE, O & UWAKWE, CBU (2003) Strategic Analysis of Development Constraints and Priorities for Action in Southern Nigeria; A **Technical Report** of An Analytic/Evaluative Consultancy Project Commissioned and Funded by United States Agency for International Development (USAID).
76. OKE, E. A., UWAKWE, C. B. U., ELOIKE, A. ADERINOKUN, G. & LONGE, N (2004) The Nigerian National Action Committee on AIDS [NACA] Capacity Review for State Action Committees on AIDS [SACA] and Local Action Committee on AIDS [LACA] and Relationship with NACA. A **Technical Report** of an Analytic/Evaluative Consultancy Project Commissioned and Funded by The Nigerian National Action Committee on AIDS [NACA], The World Bank and UNAIDS. 2003.
77. UWAKWE, C. B. U. & EMEKE, A. (2004) The Boy-Child School Drop-Out Problem in Nigeria: Strategic Analysis and Priorities for Intervention; A **Technical Report** of An Analytic/Evaluative Consultancy Project Commissioned and Funded by United Nations Children's Fund (UNICEF).
78. OKE, O. & UWAKWE, C. B. U. (2004) Assessment of Community Readiness to Utilise Voluntary Confidential Counselling and Testing (VCCT) Services in Four States in Nigeria (Anambra, Kano, Lagos and Taraba). A **Technical Report** of An Analytic/Evaluative Consultancy/Research Project Commissioned and Funded by Family Health International, 18 Temple Road, Ikoyi, Lagos, Nigeria.
79. UWAKWE, C. B. U. (2004) Baseline Assessment and Documentation for the Nigerian AIDS Responsive Fund (NARF). A **Technical Report** of A Consultancy Project Commissioned and Funded by The Canadian International Development Agency (CIDA), as a premise for the development and management of the CIDA-supported Nigerian AIDS Responsive Fund (NARF) Initiative in Nigeria.
80. UWAKWE, C. B. U. (2004) The Development of the Health Sector Strategic Plan (HSSP) for HIV/AIDS in Nigeria; A **Technical Report** of a Project initiated/commissioned by National AIDS Control Programme (NASCP), Federal Ministry of Health, Abuja and Funded by World Health Organisation (WHO); [The Joint United Nations Programme on HIV/AIDS](#) (UNAIDS), Department for International Development (DFID) and The AIDS Preventive Initiative in Nigeria.

81. Crisp, Nicholas, Gruber, Janet, **Uwakwe, Charles**, Zwandor, Alti (2006) Inception Review of the project “Strengthening Nigeria’s Response to HIV/AIDS Programming” (SNR). A **Technical Report** of a Consultancy Project Commissioned and Funded by Department for International Development (Dfid), Abuja, Nigeria.
82. **UWAKWE, C. B. U.** (2007) Technical Assistance and Mentoring of Global HIV/AIDS Initiative in Nigeria (GHAIN)-supported Counselling and Testing Sites In Lagos State. A **Technical Report** of a Consultancy Project Commissioned and Funded by Global HIV/AIDS Initiative in Nigeria (GHAIN), Abuja Nigeria.
83. **UWAKWE, C. B. U.** (2007) Framework for the Development of the Pool of Experts for Educational and Cultural Development Challenge Areas of in Africa. A **Technical Report** of a Consultancy Project Commissioned and Funded by BREDA-UNESCO Dakar, Senegal.
84. **UWAKWE, C. B. U.** (2007) UPE Policy and Legislation in Post-Conflict Countries of Africa A **Technical Report** of a Consultancy Project Commissioned and Funded by BREDA-UNESCO Dakar, Senegal.
85. **UWAKWE, C. B. U., JAMDA, M. OPARAH, B. O.** (2010) Empirical Verification of the MSH PEPFAR Health Professionals’ Fellowship Programme. A **Technical Report** of the Management Sciences PEPFAR Capacity Building Fellowship, with support from USAID, Nigeria.
86. **OGBOZOR, C., ORJI, P., SMITH, B., UWAKWE, C. B. U.; JAMDA, M. JAFUN, A. OPARAH, O.; OKPE, C., ADEWUSI, R., WOKILI, A., ABIEM, S.,** (2012) Health Professional Fellowship Program: Building the Capacity of Health Professionals to Deliver Higher Quality HIV/AIDS, TB, and other Health Services, The Building Success Series, Volume 3
87. **UWAKWE, C. B. U.** (2016) Review of Faith Based Community Structures and Systems Contribution in Scaling Up Pediatric HIV Testing Services (HTS) In Nigeria. A **Technical Report** of a Consultancy Project Commissioned and Funded by Catholic Relief Services (CRS) Nigeria Programme, Abuja Nigeria.

XI. MAJOR CONFERENCES ATTENDED WITH DATES AND PAPERS PRESENTED:

1. **The VIIth International Conference on AIDS, Florence, Italy, 16-21 June, 1991.**
Paper Presented: "Trends in the heterosexual behaviours of Nigerian University students: Counselling Implications in the age of AIDS"
2. **First Inter-African Conference on Adolescent Health, Nairobi, Kenya, March 24-27, 1992.**
Paper Presented:
"Patterns of Risk-taking Behaviours among Nigerian Adolescents: Implications for HIV/AIDS Education and Intervention Programs"
3. **The VIIIth International Conference on AIDS, Amsterdam, The Netherlands July 18-24. 1992**
Paper Presented: "Using Culturally Relevant Needs Assessment Research to Motivate and Develop Community-Oriented HIV/AIDS Prevention Programs in Nigeria"
4. **VIIth International Conference on AIDS in Africa, Younde, December 8-1, 1992.**
Paper Presented: "A participatory Research/Action model to foster AIDS preventive behaviours among female Nigerian university students".
5. **The IXth International Conference on AIDS, Berlin, Germany, June 7-11. 1993.**
Paper Presented: "A Participatory HIV/AIDS education program for pharmacists/pharmacy operators in a rural Nigerian town"
6. **The Xth International Conference on AIDS, Yokohama, Japan, August 7-12, 1994.**
Paper Presented: "Compliance with universal precautions and client counselling among pharmacy operators in two Nigerian towns".
7. **The Botswana National Counselling Conference, Grand Palm Conference Center, Gaborone, Botswana, March 24-25, 1999.**
Paper Presented: "Communication between some African mothers and their adolescent daughters on reproductive health matters: Research synthesis and counselling implications"
8. **The IInd National Conference on HIV/AIDS in Botswana. Grand Palm Conference Center, Gaborone, Botswana, February 15-18, 2000.**

Papers Presented: (i) “Fostering self-esteem: A psycho-educational strategy for the primary prevention of HIV infection among female Botswana adolescents”.

ii) “The development of a qualitative method, “Mystery-Patient” Encounters in the assessment of Botswana pharmacy operators HIV/AIDS prevention and training needs”

9. The 12th Reach to Recovery International Conference, Lisbon Portugal, May 21-24, 2003.

Paper Presented: Perceived Breast Cancer Risk Predisposition of Female Nigerian Students: Implications for Health Seeking Behaviour Interventions and Advocacy

10. International Association for Media and Communication Research (IAMCR) World Conference, University of Stockholm, Sweden, July 20-25, 2008.)

Paper Presented: Persuasive communication skills in the uptake of HIV Counselling and Testing (HCT) among female Nigerian University students: Focus on the Universities of Calabar and Ibadan.

11. National Counselling Association of Nigeria (CASSON) Conference, University of Uyo, Akwa-Ibom State; August 19-23, 2013.

Paper Presented: Socio-demographic factors as predictors of parents’ perspectives on incorporating HIV/AIDS education in Lagos State secondary schools, Nigeria.

12. National Counselling Association of Nigeria (CASSON) Conference, Abuja, FCT; August 19-23, 2015

XII. MAJOR CAPACITY BUILDING/TRAINING WORKSHOPS ATTENDED/ ANCHORED AND FACILITATED

1. Training of Trainers Workshop on AIDS Prevention and Control. Sponsored by AFRICARE Organization, 440. R.S.T.N.W. Washington DC, USA; Held at Palm Royal Hotel, Benin, Nigeria. September 23 - 27, 1991.

2. Workshop on AIDS Prevention and Control. Hosted and Sponsored by the European Commission Taskforce on AIDS. Held at Le Meridian Hotel Conference Centre, Dakar, Senegal, December 15, 1991.

3. CAPS-Fogarty Fellowship/Training Program in Epidemiology and HIV/AIDS Prevention. Centre for AIDS Prevention Studies, University of California, San Francisco, USA, July 27-October 4, 1992.

4. African AIDS Research Network (AARN) General Assembly and Scientific Meeting, Dakar, Senegal, January 19-21, 1993.

5. Behavioural Research Competencies Building at The VIIth International Conference on AIDS in Africa, Younde, Cameroon, December 8 - 11, 1992.
6. AIDS and Reproductive Health Network (ARHN) Scientific Meeting, Berlin, Germany, June 4-5, 1993.
7. The Elssa-British Council Workshop in Early Learning Science Series for Africa, University of Ibadan, Ibadan, July 23-27,1996.
8. Workshop on the Socio-Economic Impact of HIV/AIDS in Africa, Organized by The African AIDS Research Network. Conference Center, Obafemi Awolowo University, Ile-Ife, Nigeria; July 16-17, 1998.
9. An International Workshop on the Assessment of Bamako Initiative Centers for Safe Motherhood Services. Organized by Centre for African Settlement Studies and Development (CASSAD), Ibadan, Nigeria. November 30-December 4, 1998.
10. Training Workshop on HIV Voluntary Counseling & Testing For Health Care Workers Organized By Family Health International/Global HIV/AIDS Initiative Nigeria (FHI/GHAIN) March 14- 19 2005, Regency Exclusive, Adeniyi Jones Street, Ikeja, Lagos.
11. Training Workshop on HIV Voluntary Counselling & Testing For Health Care Workers *Organized* By Family Health International/Global HIV/AIDS Initiative Nigeria (FHI/GHAIN) October 16-22, 2005, Ostra Halls and Hotels, Alausa, Ikeja, Lagos.
12. Training Workshop on HIV Voluntary Counselling & Testing For Health Care Workers Organized By Family Health International/Global HIV/AIDS Initiative Nigeria (FHI/GHAIN) May 9th - 14th 2005, GHAIN Office Godab Plaza, Abuja.
13. Training Workshop on HIV Voluntary Counselling & Testing For Health Care Workers Organized By Africare, June 16-22, 2006, Ostra Halls and Hotels, Alausa, Ikeja, Lagos.
14. Training Workshop on HIV Counseling & Testing For Health Care Workers Organized By Family Health International/Global HIV/AIDS Initiative Nigeria (FHI/GHAIN) December 3 - 15 2007, FHI/GHAIN Office Godab Plaza, Abuja
15. Training Workshop on HIV Counselling & Testing For Health Care Workers Organized by Institute of Human Virology Nigeria (IHVN) November 7-17, 2009, Akure, Ondo State.

16. Training Workshop on HIV Counselling & Testing For Health Care Workers Organized by Institute of Human Virology Nigeria (IHVN). September 15-24, 2013, Royal Spring Holiday Inn, Osogbo, Osun State.

17. Training Workshop on HIV Counseling & Testing For Health Care Workers Organized By Family Health International-360, January 20-25, 2014, Peninsular Hotel, Lagos

18. Training Workshop on HIV Counseling & Testing For Health Care Workers Organized By Family Health International-360 January 26 - February 1, 2014, Lompopo Hotel, Port-Harcourt.

19. Training Workshop on HIV Counseling & Testing For Community Pharmacists Organized By Howard University, 22nd -27th September, 2014, Duban International Hotels, Omole Ikeja.

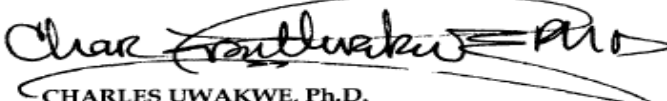
20. HIV Counselling & Testing Training For Society For Family Health (SFH)-Ships For MARPS Project, October 17-27, 2014 Excel Oriental Hotel, Lagos

21. HIV Counselling & Testing Training For Society For Family Health (SFH)Ships For MARPS Project, February 22 - March 6, 2015 Jorany Hotel, Calabar.

22. Training Workshop on HIV Counseling & Testing For Community Pharmacists Organized By Howard University, June 22-27, 2015. FHI360 Office Conference Room, Tisco Plaza, Ikeja Lagos State

23. HIV Counselling & Testing Training For Society For Family Health (SFH)-Ships For MARPS Project, October 25 – November 6, 2015, Kankanfo Inn and Conference Center, Ibadan

XII. QUALITY TIME: Family, Wildlife, Lawn Tennis, Jazz Music.



CHARLES UWAKWE, Ph.D.