

2016 PROMOTION EXERCISE

CURRICULUM VITAE

- I. (a) Name: David Adebayo **Oluwole**
(b) Date of Birth: 28 April, 1975
(c) Department: Guidance and Counselling
(d) Faculty: Education
- II. (a) First Academic Appointment: (12 September, 2005)
(b) Present Post (with date): Senior Lecturer (1 October, 2013)
(c) Date of last Promotion: (1 October, 2013)
(d) Date last considered (in cases where promotion was not through):
Not Applicable
- III. University Education (with dates)
University of Ibadan, Ibadan 1992-1996
University of Ibadan, Ibadan 1998-1999
University of Ibadan, Ibadan 2004-2007
- IV. Academic Qualifications (with dates and granting bodies)
B.Ed. (Hons.) Guidance and Counselling University of Ibadan, Ibadan 1996
M.Ed. Guidance and Counselling University of Ibadan, Ibadan 1999
Ph.D. Counselling Psychology University of Ibadan, Ibadan 2007
- V. Professional Qualifications and Diplomas (with dates)
B.Ed. (Hons), Guidance and Counselling 1996
- VI. Scholarships, Fellowships and Prizes (with dates) in respect of Undergraduate and Postgraduate work only:
University of Ibadan Postgraduate Scholarship 2004-2005
- VII. Honours, Distinctions and Membership of Learned Society:
(a) Best Youth Corp, Atakumosa West L.G. Osun State. 1998
(a) Member, Counselling Association of Nigeria.
(b) Member, Nigerian Psychological Association.
(c) Member, the Emerald Literati Network, United Kingdom.
(d) Member, International Cultic Studies Association
(e) Member, Health Promotion Research Association of Nigeria
- VIII. Details of Teaching/Work Experience:
(a). Teaching Assistant, Department of Guidance and Counselling, University of Ibadan. 2004 –2005
(b). Assistant Lecturer, Department of Guidance and Counselling, University of Ibadan 2005 –2007
(c). Lecturer II, Department of Guidance and Counselling, University of Ibadan 2007- 2010
(d). Lecturer I, Department of Guidance and Counselling, University of Ibadan 2010–2013
(e). Senior Lecturer, Department of Guidance and Counselling, University of Ibadan 2013 to Date

Courses Taught

Listed below are the undergraduate and postgraduate courses which I have taught singly or in conjunction with colleagues since the 2004/2005 academic session:

A. Undergraduate Courses

GCE 107: Introduction to Developmental Psychology

GCE 201: Psychology of Motivation and Emotion

GCE 312: Marriage and Sex Therapy

B. Master of Education/Professional Masters in Personnel Psychology

MPP 704 - Research Methodology

MPP 736 - Organisational Culture and Leadership

GCE 756 - Psychology of Adolescent and Youth

GCE 758 - Personality Theories, Testing and Assessment

C. M.Phil/Ph.D Courses

GCE 852 - Additive Behaviour

GCE 862 - Cognitive Processes

Postgraduate Supervision

The following is the list of M.Ed/MPP and Ph.D. students that I have successfully supervised over a period of ten years

A. M.Ed/MPP 45 (forty five) candidates.

B. Ph.D. 5 (five) candidates.

IX. Research

(a). Completed

The following research works were designed and executed by me or in collaboration with some academic colleagues and some of my postgraduate students:

1. Undergraduates' Online Dating: Predictive Influence of Age, Gender, Motivation and Computer Efficacy.
2. Dissertation Efficacy among Doctoral Students in University of Ibadan, Nigeria.
3. Design, development and validation of adolescent internet addiction scale
4. Relevance of Meta-Analysis Research in Peace Education.

(b) In Progress

Mentioned below are research works conceptualised, designed and presently being carried out by me or in conjunction with academic colleagues.

1. Development and Validation of Spiritual Abuse Index (SAI) February, 2016

This project intends to develop and validate a measure of Spiritual Abuse Index. Spiritual abuse is a relatively new term but its practice is probably as old as civilization. Spiritual abuse occurs when a person in the position of spiritual authority uses his or her position to control another person. It involves placing the needs of the person in authority over the needs of the person seeking help without regard to an individual's actual well-being. The fact that the concept is relatively new means that the counselling psychologists do not have adequate and standardised instruments on the concept for the purpose of counselling spiritually abused individuals in Nigeria. The research would be categorically descriptive in nature. The Spiritual Abuse Index (SAI) is a 35-item instrument. Two hundred workers would be randomly selected from Oyo State, Nigeria. The participants consist of male and female individuals whose ages range between 20 and 60 years old. They would cut across socio-cultural, religious, and educational backgrounds. Principal Components and Confirmatory Factor Analyses would be utilised to analyse data. The data would be purified by removing any item with less than 0.3. This instrument would be very useful for counselling and research purposes among counselling and clinical psychologists.

2. Prevalence, Purposes and Predictors of Social Networking Sites Utilisation among Some Selected Undergraduates in Nigeria. May, 2016

This study examines prevalence, purposes and predictors of social networking sites utilisation among undergraduates. The variables of interest are age, gender, social economic status and internet efficacy. The main purpose of this study is to examine the prevalence and purpose of social networks (SNS) (facebook and whatsapp) utilisation among undergraduates. Specifically, the study will examine the prevalence use of facebook and whatsapp as a social networking sites, the purposes of the utilisation of facebook and whatsapp by the University of Ibadan undergraduates, determine the relative influence of age, gender, socio economic status and internet efficacy on social network utilisation and, find out the composite effects of age, gender, social economic status on social networking sites. The study will adopt a descriptive survey. The sample would be drawn from the undergraduate population across the six geo-political zones. Multistage sampling procedure would be used. This would include purposive and network sampling techniques. Percentage, Pearson product moment correlation, multiple regression

would be used as tools for analysis.

(c) Project/Dissertation/Thesis

1. Ogundayo, D. A. (1999) (now Oluwole, David Adebayo): Patterns of state-trait anxiety patterns among undergraduates in Ibadan. Unpublished M.Ed Project. University of Ibadan, Ibadan
2. Ogundayo, D. A. (2007): Dialectical Behaviour and Acceptance-Commitment Strategies for Enhancing Social Competence of Spiritually-Abused Adolescents in Ibadan. Unpublished Ph.D. Thesis, University of Ibadan, 284 Pages.

X Publications

(a) Books already published: Nil

(b) Chapters in Books already published

*1. Adebawale, T. A. and **Oluwole, D. A.** (2006). Religion and Moral Education in the Sustainability of Development in Nigeria. In K. A. Alebiosu and B. J. Ogunkola (Eds.). *Perspectives in Sustainable Development* Institute of Education, Olabisi Onabanjo University, Ago-Iwoye, Nigeria. 128-143pp. ISBN 978-077-276-6 (**Nigeria**) (**Contribution: 50%**).

2. Falaye, A. and **Oluwole, D. A.** (2011). The Christian Perspective on Mentor-Protégé. In A.A. Olowu, (Ed) *Mentoring: A Key Issue in Human Resource Management* Ife Centre for Psychological Studies. 313-322pp. ISSN 11171421(**Nigeria**) (**Contribution: 50%**).

*3. Oluwole, D. A. (2013). Attributions for Poor Social Support among HIV/AIDS Caregivers in Yorubaland. In C. Sheying (Ed). *Social Support and Health: Theory, Research, and Practice with Diverse Populations*. Hauppauge, New York. Nova Publishers. 175-191pp. ISBN: 978-1-62618-648-4. (**United States of America**).

4. Oluwole, D. A. 2016. Epilepsy and Self Esteem: Pathways to Lessening Caregiver Burden. In A. Lloyd (Ed). *Caregivers Practices, Challenges and Expectations* Hauppauge, New York. Nova Publishers. 39-51pp. ISBN 978-1-63483-909-9 (**United States of America**).

(c). Articles that have already appeared in Refereed Conference Proceedings

NIL

(d). Patents

NIL

(e). Articles that have already appeared in learned journals

*5. **Oluwole, D. A.**, Aremu, S and Falaye, A. (1999). Educational and Marital-Gender Differences as Psychological indices of Attribution of Assault among Some Married Nigerians *African Journal for the Psychological Study of Social Issues* Vol. 4. No. 2: 235-244. (**Nigeria**) (**Contribution: 30%**).

*6. **Oluwole, D. A** and Adeola, A. A. (2000). Comparative Influence of Demographics on Birth Weight Patterns of Some Nigerian Neonates *Nigerian Journal of School Health Education* Vol. 7. No. 2: 46-55. (**Nigeria**) (**Contribution: 50%**).

7. **Oluwole, D. A** and Adeola, A. A. (2001). Correlates of Dietary Intake, Primivigad Age and Antenatal Anxiety among Some Pregnant Women in Nigeria. *Nigerian Journal of Health, Education and Welfare of Special People* Vol. 5. No. 1: 98-104 (**Nigeria**) (**Contribution: 60%**).

*8. Falaye, A. O and **Oluwole, D. A.** (2002). Investigating Factors Suspected for Influencing Dropout Syndrome among Primary School Pupils in Akure and Odigbo LGA of Ondo State, Nigeria *African Journal of Educational Research* Vol. 8. No. 1: 91-102. (**Nigeria**)(**Contribution: 40%**).

*9. Popoola, S. O. and **Oluwole, D. A.** (2007). Career Commitment among Records Management Personnel in a State Civil Service in Nigeria. *Records Management Journal* Vol. 17. No. 2: 107-116. (**United Kingdom**)(**Contribution: 40%**).

10. Oluwole, D. A. (2008). The Impact of Mother Tongue on Students' Achievement in English Language in Junior Secondary Certificate Examination in Western Nigeria *Journal of Social Sciences* Vol. 17. NO. 1: 41-49. (**India**).

- *11. Oluwole, D. A. (2008). Patterns of Job Satisfaction and Self Efficacy among Tertiary Institution Lecturers in Oyo state *International Journal of Distance Education* Vol. 3. 101-107. **(Nigeria)**
- *12. Oluwole, D. A. (2008). Workplace Spirituality, Computer Self Efficacy and Emotional Labour as Predictors of Job Satisfaction among University Lecturers in Southwest Nigeria *African Journal for the Psychological Studies of Social Issues* Vol. 11. No. 1: 128-144. **(Nigeria)**.
- *13. **Oluwole, D. A.**, Okon, A.E., Petters, J. S. and James, O. E. (2008). Daily Spiritual Experience, Ability Conceptions and Intrinsic Motivation of Budding Footballers in Nigeria: The Relationship with Sports Resilience *International Journal Series on Tropical Issues* Vol. 9. No. 3: 133-145. **(Cameroun) Contribution: 55%)**.
- *14. Oluwole, D. A. (2008). Individual, Family, School, Society and Government Predictors of Scholastic Achievement among the Nigerian University Undergraduates *International Journal of Applied Psychology and Human Performance* Vol. 4. 506-516. **(Ghana)**
- *15. **Oluwole, D. A.** and Adeyemi, A. (2008). Psychological Appraisal of Spirituality Indices of Crash Helmet Phobia among Nigerians *Nigerian Journal of Clinical and Counselling Psychology*. Vol. 14. 57-70. **(Nigeria) (Contribution: 70%)**.
- *16. Oluwole, D. A. (2009). Spirituality, Gender and Age Factors In Cybergossip Among Nigerian Adolescents *Journal of Cyberpsychology and Behavior* Vol. 12. No. 3: 323-326. **(United States of America)**
- *17. **Oluwole, D. A.** And Agokei, R. C. (2009). Effectiveness of Cognitive Strategy Instruction in Facilitating Self-Regulated Learning among Students with Learning Difficulty *Nigerian Journal of Applied Psychology* Vol. 10, No. 2. 63-74. **(Nigeria) (Contribution: 60%)**.
- *18. Oluwole, D. A. (2009). Spiritual Abuse and Masculinity Construction among African Adolescents *Journal of Pan African Studies* Vol. 3. No. 5: 93-113. **(United States of America)**.
- *19. Amusan, A. O. and **Oluwole, D. A.** (2010). The Influence of Emotional Intelligence on Stress Management of Bank Employees in Nigeria *Nigerian Journal of Clinical and Counselling Psychology* Vol. 16. No. 2: 353-363. **(Nigeria) (Contribution: 50%)**.
- *20. **Oluwole, D. A.**, Kareem, K. K. and Amusan, A. O. (2011). Adaptation of Yoruba Version of Swinburne Emotional Intelligence Scale for Yoruba Speaking Workers in Nigerian Context *African Journal of Educational Research* Vol. 15. No. 1: 73-83. **(Nigeria)(Contribution: 50%)**.
- *21. Oluwole, D. A. (2012). Dispositional Effects of Workplace Spirituality, Educational Attainment, Locus of Control and Psychological Contract on Job Satisfaction among Workers in a Nigerian University *Nigerian Journal of Applied Psychology* Vol. 14. No. 1: 161-186. **(Nigeria)**.
22. Oluwole, D. A. (2013). Extrapolative Effects of Some Psycho-Demographic Factors on Holistic Wellness of Anglican Communion Priests in Southwest Nigeria *Nigerian Journal of Health Promotion* Vol. 6. 140-156. **(Nigeria)**.
- *23. **Oluwole, D. A.** and Umar, T. I. (2013). Psychological Predictors of Career Decision among School-Going Adolescents in Katsina State, Nigeria *African Journal for the Psychological Study of Social Issues* Vol. 16. No. 1: 140-147. **(Nigeria). (Contribution: 50%)**.
24. **Oluwole, D. A.** and Adebawale, T. A. (2013). Gender, Age and Job Tenure as Determinants of Health-Seeking Behaviours among Noise-Prone Industrial Workers in Nigeria: Implications of

Findings for Counselling *Nigerian Journal of Social Work Education* Vol. 12: 74-86. (Nigeria)(Contribution: 50%).

25. **Oluwole, D. A.**, Adeyemi M. A. and Oyebiyi, D. A. (2013). Predictive Influence of Factors Predisposing Secondary School Adolescents Dropouts to Sexual Risk Behaviour in Ogun State *Ife Psychologia* Vol. 21: 1:361-386 (Nigeria). (Contribution: 60%).

26. **Oluwole, D. A.** and Ohizu, E. C. (2014). Path-Analytic Investigation of Some Psycho-Social Variables Affecting Adjustment to School Transition among Fresh Secondary School Students in South-Eastern Nigeria *The Counsellor* Vol. 33. No. 2: 75-95. (Nigeria)(Contribution: 60%).

27. **Oluwole, D. A.** and Oyedun, O. S. (2014). Psychological Predictors of Post Examination Failure Depression among Preclinical Medical and Dental Students in Ibadan Nigeria *American Journal of Medicine and Medical Sciences* Vol. 4. No. 6: 216-222. (United States of America)(Contribution: 60%).

28. **Oluwole, D. A.**, Afolabi-Ige, T. E., and Oyebiyi, D. A. (2014). The Family Structure, Parenting Styles, Birth Order and Gender as Predictors of Learning Outcomes among the Senior Secondary School Students in Ibadan, Nigeria *Counselling and Behavioural Studies Journal* Vol. 4. 287-299. (Nigeria) (Contribution: 60%).

29. **Oluwole, D. A.** and Sampson, B. N. (2015). Existential Technique and Cognitive Restructuring Strategies in Management of Self Esteem of Clinically Diagnosed Epileptic Patients in Nigeria. *East African Journal of Public Health* Vol. 12. No. 2: 1017-1022. (Tanzania)(Contribution: 60%).

30. **Oluwole, D. A.** (March, 2016). Effectiveness of Dialectical Behaviour and Acceptance-Commitment Therapies in Enhancing Social Competence of Spiritually-Abused Adolescents in Ibadan Metropolis, Nigeria *Ethiopian International Journal of Multidisciplinary Research* Vol. 3. No. 3: 7–21. (Ethiopia).

31. Adeleye, T. A. and **Oluwole, D. A.** (January 2016). Differential Effectiveness of Hope-Focused and Life-Design Therapies on Employability of Graduates Job Seekers in Ibadan, Nigeria *African Journal of Educational Management* Vol. 17. No. 1: 125-152 (Nigeria) (Contribution: 60%).

(f). Books, Chapters in Books and Articles already accepted for Publication

NIL

(g). Technical Papers and Monographs

NIL

XI. Major Conferences Attended with Papers Read (in the last 5 years)

1. 9th annual National Conference of Health Promotion Research Association of Nigeria (HEPRAN) on Health Policies and Health Promotion held at Benue State University, Makurdi, Benue state between 24th – 27th October, 2012.

Paper Read: Psycho-Demographic Factors and Holistic Wellness of Anglican Communion priests in southwest Nigeria.

2. Education in West Africa (Education en Afrique de l'Ouest) held at Benin Diasporah Hotel, Ouidah, Republic of Benin between March 10th to 12th 2014.

Paper read: Dynamics of Brain Drain and Brain Waste in Nigeria: Implications for counselling

3. 2014 Oyo state Counselling Association of Nigerian (CASSON) annual conference on 'Community Counselling: Pathway to self reconstruction and social re-orientation' at The Polytechnic, Ibadan

Paper Read: The roles of Justice of Peace as Para-counsellors in community counselling

4. 39th Counselling Association of Nigeria (CASSON) international annual conference at University of Benin (August, 2014)

Paper Read: Design, development and validation of adolescent internet addiction scale

5. 2015 Oyo state Counselling Association of Nigerian (CASSON) annual conference on 'Counselling for eradication of dehumanisation' at Federal College of Education, Oyo from 10th – 12th, March, 2015

Paper Read: Undergraduates' career decision making: roles of gender, parental education, parental involvement, achievement motivation and internet self efficacy

6. 2nd Biennial inclusive education conference in West and Central Africa, 2015 held at University of Buea, Cameroon between 5th and 10th April, 2015.

Paper Read: Stigmatisation of people with disability: the role of gender, knowledge of disability and attitude to disability

7. 2016 Oyo state Counselling Association of Nigerian (CASSON) annual conference. Theme: Counselling for sustainable change at National Museum of Unity, Ibadan from 8th-10th March, 2016

Paper Read: Dynamics and dangers of Cyber-romance among youths

Ten Best Publications that Reflect the Totality of My Contributions to Scholarship

Ten (10) publications that best reflect my contributions to scholarship are listed below from Counselling Psychology with emphasis on positive human adjustment, and academic performance improvement across age.

- *1. Oluwole, D. A. (2013). Attributions for Poor Social Support among HIV/AIDS Caregivers in Yorubaland. In C. Sheying (Ed). *Social Support and Health: Theory, Research, and Practice with Diverse Populations*. Hauppauge, New York. Nova Publishers. 175-192pp. ISBN: 978-1-62618-648-4. **(United States of America)**.
2. Oluwole, D. A. 2016. Epilepsy and Self Esteem: Pathways to Lessening Caregiver Burden. In Lloyd, A. (Ed). *Caregivers: Challenges, Practices and Cultural Influences*. Hauppauge, New York. Nova Publishers. 39-52pp. ISBN 978-1-62618-030-7 **(United States of America)**.
3. Oluwole, D. A. (2007). Mother Tongue: It's Impact on Students' Scholastic Achievement in English Language among Junior Secondary School Students in Junior Secondary Certificate Examination in Western Nigeria. *Journal of Social Sciences* Vol. 17. NO. 1: 41-49. **(India)**.
- *5. Oluwole, D. A. (2008). Workplace spirituality, computer self efficacy and emotional labour as predictors of job satisfaction among university lecturers in Southwest Nigeria. *African Journal for the Psychological Studies of Social Issues* Vol. 11. No. 1: 128-144. **(Nigeria)**.
- *6. Oluwole, D. A. (2008). Individual, family, school, society and government predictors of scholastic achievement among the Nigerian university undergraduates. *International Journal of Applied Psychology and Human Performance* Vol. 4. 506-516. **(Ghana)**.
- *7. Oluwole, D. A. (2009). Spirituality, Gender and Age Factors In Cyber-Gossip Among Nigerian Adolescents. *Journal of CyberPsychology and Behavior*. Vol. 12. No. 3: 323-326. **(United States of America)**.
- *8. Oluwole, D. A. (2009). Spiritual abuse and masculinity construction among African adolescents. *The Journal of Pan African Studies* Vol. 3. No. 5: 93-113. **(United States of America)**.
- *9. Oluwole, D. A. (2012). Dispositional effects of workplace spirituality, educational attainment, locus of control and psychological contract on job satisfaction among workers in a Nigerian university. *Journal of Applied Psychology* Vol. 14. No. 1: 161-186. **(Nigeria)**.
10. Oluwole, D. A. March, 2016. Effectiveness of Dialectical Behaviour and Acceptance-Commitment Therapies in Enhancing Social Competence of Spiritually-Abused Adolescents in Ibadan Metropolis, Nigeria. *Ethiopian International Journal of Multidisciplinary Research* Vol. 3. No. 3: 7-21. **(Ethiopia)**.

RESEARCH FOCUS

My research focus is discussed under three main groups namely:

- (i) Workplace resourcefulness**
- (ii) Learners' motivation and achievement**
- (iii) Holistic wellness.**

I am keenly interested in workplace resourcefulness. As a result of this, I examined the role of spirituality, religion and moral education in the sustainability of development in Nigeria. My research works provided a strong link between spirituality and human performance at the workplace. From my research efforts, I have shown that several cognitive and non-cognitive factors are essential ingredients of job performance and satisfaction among workers. Furthermore, I engaged in the development of Yoruba version of emotional intelligence measuring tool for ease of use at work, family or recreational activities. My work strived to differentiate between religiosity and spirituality. While spirituality breeds meta-needs, religiosity breeds meta-pathologies. I concluded that Nigeria is highly religious but less spiritual which makes it impossible for her as a nation to achieve significant progress. My research recommended a strong mentoring process in the social order for Nigeria to achieve any significant sustainable development.

On learners' motivation and achievement, my research dwells on scholastic performance improvement among learners. Specifically, my research activities delved into determining predisposing psychosocial factors affecting learners' academic performance either at primary, secondary or tertiary institution levels. In summary, learners' behavioural disposition, temperament and environment are responsible for school adjustment and achievement. I have showcased the relevance and effectiveness of some new psychotherapies in boosting learners efforts in managing their education and career.

Another significant aspect of my research is holistic wellness. The role of counselling psychology in preventive and curative health management cannot be overemphasized. Therefore, several of my works revealed that gender, age, job tenure, social desirability, workplace social support, spirituality, social intelligence, educational qualification, emotional intelligence, resilience, self-efficacy and achievement motivation are very germane to effective management of stress and depression so as to achieve balanced holistic wellness. I have demonstrated through my research works that HIV/AIDS-related stigma is a barrier to caregivers' efforts to seek support. I noticed a strong need to enhance the orientation of the caregivers so as to improve the condition of the PLWAs. My study recommended awareness to the caregivers about epileptic disorder in order to reduce discriminating against those with epilepsy. I have also developed some treatment packages to manage maladjustment which ensue from psychological distress. These include dialectical behaviour, acceptance-commitment, existential, cognitive strategy instruction, cognitive restructuring, hope-focused and life-design therapies. Problems of poor social competence, self-esteem and employability problems could be remediated using these therapies. These studies provided evidence for social re-orientation among emerging adults.

On the whole, my contributions so far in the aforementioned areas have created more challenges to my intellectual inventiveness for more futuristic enhancement of human knowledge within the scholarship of Counselling Psychology as one of the major components of Education.

Signature

Date